## WEEKLY MENU 7:00am - 8:00 am Breakfast - Cereal



|                  | MONDAY  | TUESDAY   | WEDNESDAY                                  | THURSDAY                                  | FRIDAY  |
|------------------|---|---|--|---|---|
| MORNING<br>TEA   | Fruit Platter w-<br>Milk or Water                     | Fruit Platter w-<br>Milk or Water                   | Fruit Platter w-<br>Milk or Water          | Fruit Platter w-<br>Milk or Water         | Fruit Platter w-<br>Milk or Water                             |
| LUNCH            | Green Chicken Curry<br>w- Rice<br>Babies + mashed veg | Meat Pie with Potato<br>Gems<br>Babies + mashed veg | Spaghetti Bolognese<br>Babies + mashed veg | Tuna Pasta Bake<br>Babies + mashed<br>veg | Vegetable soup with<br>Garlic bread<br>Babies + mashed<br>veg |
| AFTERNOON<br>TEA | Corn Cakes w-<br>Cream<br>Cheese                      | Raisin Bread  | Crackers with cheese<br>and sultanas       | Gee's Bakery                              | Sandwiches  |

## **WEEKLY MENU** 7:00 – 8:00am Breakfast - Cereal



|                  | MONDAY  | TUESDAY                                  | WEDNESDAY  | THURSDAY                                    | FRIDAY                            |
|------------------|---|--|--|---|-----------------------------------|
| MORNING TEA      | Fruit Platter<br>Milk or Water                                  | Fruit Platter<br>Milk or Water           | Fruit Platter w-<br>Milk or Water                                      | Fruit Platter<br>Milk or Water              | Fruit Platter<br>Milk or Water    |
| LUNCH            | Stir-fry Meat and<br>Vegetable with Rice<br>Babies + mashed veg | Tomato Pasta Bake<br>Babies + mashed veg | Spaghetti and<br>Meatballs with Garlic<br>Bread<br>Babies + mashed veg | Chicken Chow Mien<br>Babies + mashed<br>veg | Fried rice<br>Babies + mashed veg |
| AFTERNOON<br>TEA | Saladas w- Dried fruit  | Sandwiches                               | Gee's Bakery   | Vegetable sticks<br>with Dips               | Gee's Bakery                      |



# WEEKLY MENU 7:00 – 8:00 am Breakfast - Cereal WEEK THREE

|                  | MONDAY   | TUESDAY   | WEDNESDAY                         | THURSDAY  | FRIDAY  |
|------------------|--|---|-----------------------------------|---|---|
| MORNING TEA      | Fruit Platter<br>Milk or Water                   | Fruit Platter<br>Milk or Water                          | Fruit Platter w-<br>Milk or Water | Fruit Platter<br>Milk or Water                          | Fruit Platter<br>Milk or Water                          |
| LUNCH            | Curried Lamb with<br>Rice<br>Babies + mashed veg | Vegetable and Bacon<br>Carbonara<br>Babies + mashed veg | Vegetable and Rice                | Sausage Rolls and<br>Potato Gems<br>Babies + mashed veg | Yaki Udon<br>Vegetables and Meat<br>babies + mashed veg |
| AFTERNOON<br>TEA | Gee's Bakery                                     | Clix w- Dried Fruit                                     | Yoghurt w- Tinned<br>Fruit        | Raisin Bread  | Corn Cakes w-<br>Cream Cheese                           |

### **WEEKLY MENU**



|                  | MONDAY   | TUESDAY   | WEDNESDAY  | THURSDAY   | FRIDAY  |
|------------------|--|---|--|--|---|
| MORNING TEA      | Fruit Platter<br>Milk or water                   | Fruit Platter<br>Milk or Water                                  | Fruit Platter<br>Milk or Water                     | Fruit Platter<br>Milk or Water   | Fruit Platter<br>Milk or Water                                |
| LUNCH            | Sweet and Sour<br>Chicken<br>Babies + mashed veg | Spaghetti Bolognese<br>with Garlic bread<br>Babies + mashed veg | Chicken Teriyaki<br>w- Rice<br>Babies + mashed veg | Vegetable and Bacon<br>Frittata with Potato<br>Gems<br>Babies + mashed veg | Vegetable Lasagne<br>with Garlic Bread<br>Babies + mashed veg |
| AFTERNOON<br>TEA | Sandwiches                                       | Gee's Bakery  | Crackers with cheese<br>and dried fruits           | Vegetable Fingers<br>and Dip   | Gee's Bakery  |